

# BREAKFAST IN THE CLASSROOM

The School Breakfast Program is a great way for children to get the nutrients they need to stay alert and focused in the classroom leading to a stronger ability to learn and overall more favorable educational outcomes.

STUDENTS WHO EAT  
**BREAKFAST**  
AT SCHOOL...

**PERFORM** better on standardized tests.

**HAVE IMPROVED** concentration, alertness, comprehension, memory, and learning.

**SHOW INCREASED** cognitive function, attention, and memory.

STUDENTS WHO EAT  
**BREAKFAST**  
IN THE CLASSROOM...

**GET FEWER** tardy days and less disciplinary office referrals.

**PERFORM BETTER** on math and reading achievement tests.

**EXPERIENCE** an increased sense of community and reduced stigma associated with school breakfast.

Other **POSITIVE RESULTS** of Breakfast in the Classroom

**HIGHER**  
Attendance Rates

**INCREASED**  
Participation

**BETTER**  
Student Nutrition

**BREAKFAST IS FREE TO ALL STUDENTS THIS SCHOOL YEAR, 21/22**

**ASK WHERE AND WHEN YOU CAN GET BREAKFAST AT YOUR SCHOOL**